

Green's P.E. News

All children have the opportunity to grow and improve themselves physically, mentally, and emotionally, in a safe, challenging, inclusive environment.

Green PE Mission Statement

Issue 1, Sept./Oct. 2009



Coming Up in P.E.

In September we had:	Orientation, Recess Rules & Team Building/Fitness Components/Pre-Physical Fitness Assessments
October thru December	Lower Grades: Tumbling, Throwing/Catching Upper Grades: Gymnastics, Sports Skills
Special Events:	November 19-20th - Turkey Trot
December	Winter Vacation Begins



Welcome Back!

The physical education staff of Green Elementary Academic & Athletic Magnet School is happy to welcome back all new and returning students and their families to another year of challenging, fulfilling, and valuable daily physical education classes. This year is going to be another fantastic year for building strong bodies and strong minds. We've had over four weeks of school and the kids are kicking into high gear!

Our P.E. Team at Green is Mrs. Dee Dee Patterson and Mr. Rick Edwards. Both are certified physical education teachers and mentors who bring to you and your children years of experience the field of physical education. Mrs. Patterson and Mr. Edwards both have attained their Master degrees in Physical Education and look forward every year to bring their knowledge about healthy living to your homes.

Our new P.E. newsletter is going to help bring you information about Green's program and what your children will be doing in the upcoming months along with updates about our Running Club and other Special Events. This first issue will cover P.E. rules, criteria for behavior, dress code, and more!

P.E. Daily Rules #1, #2, and #3

Dress appropriately with running shoes and comfortable clothing. Listen attentively to your classmates. Use appropriate language with friends and adults when discussing any issues when in PE.



P.E. Rules

Dress Code and More...

A Green Elementary School student is BEST prepared for class when he/she has an "I Can Do It" attitude, wears athletic style shoes, and clothing that allows room for running, jumping, rolling, and tumbling. There will be times during the first nine (9) weeks of school that we insist your child wear T-shirts, shorts, sweat pants and/or loose fitting clothes due to participation in our gymnastics program. We request, according to the Green School Dress code (complete dress code found in the school calendar) **NO** flip-flops, sandals, jelly shoes, high or wedge heeled tennis shoes, Heely's, and other fashion shoes

not meant for athletics. Jewelry around the neck are unacceptable items in physical education class.

Physical education lessons encourage responsible student behavior through a variety of incentives and classroom management techniques. A student will earn an All-Star Award for Outstanding Behavior when he/she consistently exhibits good sportsmanship, cooperation with teacher(s) and others, and motivation in class. This award is available monthly throughout the school year to students in grades K through 5th. At the end of each class, all students interact with the physical education

teacher(s) for their daily grade by simply using a thumbs up (Outstanding), a thumbs down (Unsatisfactory), or even a sideways thumb (Satisfactory). A pink slip will notify teachers and parents of those students that are having problems in physical education. These will be sent home with students monthly. Criteria for Behavior Grade is as follows:

Outstanding: Active listening – Active as a role model. Cooperating with others. Always trying my best. Organizing equipment. Wearing appropriate clothing and shoes. Using positive social skills.

Go Green Geckos!!



Satisfactory: Limited participation with other. Limited effort. Mistreating equipment. Wearing inappropriate clothing or shoes. Limited social skills.

Unsatisfactory: No effort. Breaking equipment. Inappropriate language. Poor social skills. Food or gum. Timeout given.

Report Card: Standards Based Report is a reporting tool based on the district performance and content standards taught daily in physical education. Your child's grade will represent their success during assessment specifically of the standards.

The Athletic Magnet at Green Elementary School offers a unique and specialized physical education curriculum for all students. This includes:

- Thematic Units
- Developmentally appropriate skills instruction based on national state and district standards.
- Performance events, track meets, and dance presentation.
- Community service
- National standardized fitness tests.
- Red Cross certified swimming program.

Please ask your child how their day went in P.E. by asking if they had a Thumbs Up day today!

You can reach Mr. Edwards at redwards@sandi.net or Mrs. Patterson at dpatterson@sandi.net if you have any questions. Let's put our hands together and cheer for another great year!

Running Club is Here! Running Club is Here!!

